

'Fun things in store' for annual Active Aging Expo

22CM event will feature 25 vendors

ERIC DEGRECHIE
Managing Editor

A popular fall destination in the North Shore for the past few years has been 22nd Century Media's Active Aging — An Expo for Ages 50+ event.

"We love planning this event for the senior population in the North Shore," said Heather Warthen, chief events officer of 22nd Century Media. "We have a lot of fun things in store for this event."

The fourth annual expo is scheduled for 9 a.m.-1 p.m. Saturday, Oct. 14, at the Hilton Chicago Northbrook, 2855 N. Milwaukee Ave. in Northbrook. The free admission event features more than 25 vendor booths, as well as speaker sessions and free gift bags to the first 300 attendees.

"Bingo has been popular

ACTIVE AGING - AN EXPO FOR AGES 50+ VENDORS

22nd Century Media
A Place For Mom
Baird & Warner - Shaun Kirsch
Chicagoly Magazine
CISA Insurance
City of Highland Park - Highland Park Senior Center
Covenant Village
Dee-Signed Programs
East End Dentistry
Elements Massage
Emerald Place
Freedom Home Care/Spyrl
Harmony Home Services LLC
Just Be Fit Inc. Physical Therapy

LeafFilter Gutter Protection
Mather Lifeways
Mitzvah Memorial Funerals
North Shore Compassionate Care
North Shore University Health System
Pain Relief Institute
Patricia M. McClure, award-winning author
Remodel Direct
Schaumburg Township Disability Services
Sheridan Road Financial, LLC
Terry Anderson, Berkshire Hathaway Home Services Koenig Rubloff Realty Group
The Exercise Coach

for the past two years, so we'll be bringing that back again for a third year with an assortment of prizes," Warthen said. "We also have book dramatist Bar-

bara Rinella at 11:30 a.m. to present 'A Visit with Prince Charles and Royal Ladies!' We will also be taking attendees to Hawaii with a hula performance



Attendees enjoy the festivities at last year's 22nd Century Media's Active Aging — An Expo for Ages 50+ event. 22ND CENTURY MEDIA FILE PHOTO

by Halau Hula O Puanani at 11 a.m. Add in a few speaker sessions and we have a very active expo."

The award-winning author Patricia M. McClure will speak at 10 a.m. and a presentation by Remodel

Direct will take place at 9:30 a.m.

"In addition to all the fun activities, we do have plenty of vendors ready with important information for the later stages in life," Warthen said. "We

have everything from insurance and medical to financial planning and real estate."

For more information, visit www.22ndcenturymedia.com/active.

Second annual walk raises \$30K for melanoma foundation

SARAH HAIDER
Freelance Reporter

Susan Steel — a Glenview resident, mother, wife and friend — died after a long battle with melanoma in 2016. More than 10 months later, her greatest battle still carries on, continuing in the footsteps of her loved ones at the second annual Walk of Steel on Oct. 1 along the West Fork River Trail.

"We gather together to celebrate the lives that melanoma cut short," Stephen Sullivan, a Skin of Steel board member, told the crowd during the event. "We celebrate the

melanoma survivors. We celebrate you and your effort to move forward and, more importantly, to being so supportive of the research efforts underway."

The walk coincided with what would have been Steel's 59th birthday and her 28th anniversary with her husband, Masuo Ishida.

One-hundred percent of the more than \$30,000 collected from the walk was donated to the Skin of Steel foundation. The nonprofit was founded in 2010 by Steel and her executive board to provoke a "revolutionary personal, behavioral and institutional change in dealing with mel-

anoma" and create the first-ever national, collaborative melanoma tissue bank. The bank collects biopsied, fresh, frozen primary melanoma tissues, providing the infected skin to advance medical research and improve treatment outcomes.

"It is a big deal," said Katherine Byrnes, the foundation's executive director. "We have doubled melanoma diagnosis in the last 30 years. Doubled. Melanoma is a small fraction of skin cancer, but it's the mostly deadly. To have 10,000 people die in the U.S. this year, that's a huge problem. Researching and funding and awareness

needs to amp it up."

Byrnes, who was diagnosed with melanoma in 2006, is a survivor. She became involved with the organization as a board member after being told about its work by Sullivan. She became the foundation's executive director in Spring 2017. Although Byrnes never met Steel, their common passion for finding a cure connects her to the cause.

"Most people get a diagnosis and they're like, 'Eh.' They don't want to think about it. They kind of want to put it out of their head. But [Steel] had to live with it and deal with it for 11 years," By-



Trevor Byrnes, Megan Hoying and Natalie Byrnes participate in the second annual Walk of Steel on Oct. 1 along the West Fork River Trail. SARAH HAIDER/22ND CENTURY MEDIA

rnes said. "This [event] represents her because she would have loved for people to come out, and raising thousands of dol-

lars for the tissue bank is amazing."

Full story at GlenviewLantern.com